

# TIDESWELL SURGERY PATIENT PARTICIPATION GROUP



## NEWSLETTER – WINTER 2017

Parents of teenagers who have recently received letters from the school immunisation service PLEASE NOTE your child may have already had their diphtheria, tetanus and polio booster. However they will still require a Meningitis ACW & Y vaccination which is being provided through the school NOT the GP surgery



*There is still time to have your flu vaccination – please contact the surgery for an appointment. Patients who normally have their injection at home please ring the surgery to ask the District Nurse to come.*



For your diary – Bank holidays in 2017 are:

Easter	14 <sup>th</sup> & 17 <sup>th</sup> April 2017
May day	1 <sup>st</sup> May 2017
Spring Bank	29 <sup>th</sup> May 2017
Summer Bank	28 <sup>th</sup> August 2017
Christmas Day	25 <sup>th</sup> December 2017
Boxing day	26 <sup>th</sup> December 2017



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### ***CHANGE OF ADDRESS ?***

*Could patients please keep the surgery updated with changes of address, email, phone (especially mobile numbers)*

### ***MEDICAL MISUNDERSTANDINGS***

*Colic - a sheepdog*

*Enema - not a friend*

*Fester - quicker than someone else*

*Dilate - to live long*

*Tablet - a small table*

### **CARING FOR CARERS**

Blythe House Hospice carer's group provides a safe relaxed environment where you can share problems, concerns or experiences with others in a similar situation. Each session includes a speaker covering practical issues such as financial advice and welfare rights, spiritual and emotional support, symptom management, employment rights and much more.

We meet in the lounge of Blythe House Hospice on the 2<sup>nd</sup> Tuesday of the month, 5-7pm. There is no need to book, just drop in.



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